Like medical problems, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ have both biological and environmental influences.

1. stigmas
2. psychological disorders
3. comorbidities

A researcher studying the role that the neurotransmitter dopamine plays in schizophrenia would most likely be approaching this disorder from the psychological perspective of the bio-psycho-social model of illness.

1. True
2. False

Individuals who suffer from major depression are also likely to suffer from anxiety disorders. This illustrates the concept of \_\_\_\_\_\_\_\_\_\_.

1. comorbidity
2. bio-psycho-social model of illness
3. stigma

Media portrayals of mental illness are often negative. That only further reinforces \_\_\_\_\_\_\_\_\_\_ that exists for those suffering from psychological disorders.

1. comorbidity
2. abnormal psychology
3. stigma

Which of the following is not a qualifier to describe levels of severity of a given psychological disorder?

1. Mild
2. Severe
3. Medium

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is characterized by an excessive worry that causes dysfunction and that lasts for at least 6 months.

1. Panic disorder
2. Generalized anxiety disorder
3. Obsessive-compulsive disorder
4. Post-traumatic stress disorder

Ben suffers from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and occasionally has experiences in which he thinks he is dying because of his racing heart, trembling, nausea, and dizziness. Ben does not know why these experiences occur.

1. obsessive-compulsive disorder
2. panic disorder
3. generalized anxiety disorder
4. post-traumatic stress disorder

Alice absolutely refuses to use public transportation because she fears the inability to escape the bus or subway in times of emergency. Which of the following phobias would be most consistent with Alice’s fear?

1. Agoraphobia
2. Arachnophobia
3. Social phobia
4. Acrophobia

\_\_\_\_\_\_\_\_\_\_\_\_\_\_ are repetitive behaviors or mental acts that are engaged in order to reduce anxiety generated by persistent, disturbing thoughts.

1. Compulsions
2. Phobias
3. Obsessions

Many individuals who experienced the terrorist attacks of 9/11 suffer from \_\_\_\_\_\_\_\_\_\_\_\_\_\_, which involves them reliving the awful events of that day.

1. post-traumatic stress disorder
2. obsessive-compulsive disorder
3. generalized anxiety disorder

Which of the following glands would likely be of most interest to a researcher trying to understand the biological factors related to anxiety disorders?

1. Pancreas
2. Thyroid
3. Adrenal
4. Pineal

Rape victims often feel significant anxiety when they are in the area in which the crime occurred. The area serves as a(n) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. conditioned stimulus
2. conditioned response
3. unconditioned stimulus
4. unconditioned response

An individual who experiences significant changes in mood from very low to very high with periods of normal mood interspersed would likely be diagnosed with \_\_\_\_\_\_\_\_\_\_\_\_.

1. bipolar disorder
2. major depressive disorder
3. persistent depressive disorder

Depressed individuals tend to show differences in the genes that code for factors related to \_\_\_\_\_\_\_\_\_\_\_.

1. glutamate
2. GABA
3. serotonin

\_\_\_\_\_\_\_\_\_\_\_ refer to uncommon false beliefs.

1. Delusions
2. Hallucinations
3. Inappropriate affect

Drugs used to treat schizophrenia tend to \_\_\_\_\_\_\_\_\_\_ dopamine activity.

1. decrease
2. increase
3. have no effect on

Inflexible patterns of thinking, feeling, or relating to others are symptomatic of \_\_\_\_\_\_\_\_\_\_\_\_\_.

1. anxiety disorders
2. personality disorders
3. mood disorders

\_\_\_\_\_\_\_\_\_\_\_\_\_ is a personality disorder among the anxious/inhibited cluster of personality disorders.

1. Avoidant
2. Antisocial
3. Borderline
4. Schizoid

\_\_\_\_\_\_\_\_\_\_\_\_ personality disorder is associated with submissiveness and an excessive need for approval and reassurance.

1. Antisocial
2. Obsessive-compulsive
3. Schizoid
4. Dependent

Stimulant medications are used to treat \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. personality disorders
2. attention-deficit hyperactivity disorder
3. autism spectrum disorder

ADHD is \_\_\_\_\_\_\_\_\_ to occur in males than in females.

1. less likely
2. more likely
3. equally likely

Some clinicians hypothesize that individuals who are distressed and highly suggestible can be influenced by therapists to exhibit symptoms of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. attention-deficit hyperactivity disorder
2. dissociative identity disorder
3. borderline personality disorder

Suggestive interviews may \_\_\_\_\_\_\_\_\_ the display of symptoms that are consistent with dissociative identity disorder.

1. increase
2. have no effect on
3. decrease